

We've been thinking about the

providence

of God over the last few Sundays. There have been some things we might have found

hard and some things that

hopefully we have found

comforting.

Today we're going to think about why we still sometimes feel

afraid, even though we

know that God is all powerful.

As we think about why this is, the first thing to understand is that our heavenly

Father knows that we are fearful people.

God our Father, cares for us just like we are a little flock of sheep,

and he reminds us gently that we don't need to fear because he is with us.

He also helps us to trust Him

every day.

just like the Israelites had to

trust

God to give them

their food each day when they were in the wilderness.

God also encourages us to talk

about Him to help us remember what he is like and how he helps us when we are afraid. We can talk to

ourselves

about

him, we can talk to others about him and we

can sing

about him.

Pray with your grown-up, asking God to help you to trust Him and talk about Him whenever you feel afraid. Colour the picture of the Israelites collecting Manna in the wilderness to remind you to trust God every day.



Trust

Good