

Today we start a new series in which Jesus is going to teach us about

praying.

Prayer is something that we need to

learn

how to do, because there

are lots of things that get in our way of praying, maybe we don't really think it

works

, maybe we'd rather

be playing with our toys than praying or maybe we just don't know how to pray.

The Lord's prayer is a

model

that helps us to learn how to pray.

Today we start with the first line:

'Our Father in heaven'.

And we learn three things:

1. God the Father brings us into his

family

We are not naturally God's children, but we

are adopted into his

family when we trust in Jesus

2. God the Father loves us as his

children

We can pray to God because he loves us as

his children so he listens to
our prayers.

3. In prayer we speak to our great and

loving Father.

This helps us think about how we pray. We
can come confidently and

boldly because he is our

Father, but we also come in

reverence (that

means holy respect) because He is in
heaven.

Pray with your grown-up now, thanking God that He is our Father
who we can talk to.

Colour the first line of the Lord's prayer and try to learn it this
week.

**Our
Father
in
Heaven**